

Raising Happiness

The Search for Happiness, Part 3 of 6
Pastor Christian Williams | May 8, 2022

I know how to make do with little, and I know how to make do with a lot. In any and all circumstances I have learned the secret of being content—whether well fed or hungry, whether in abundance or in need. I am able to do all things through him who strengthens me.

Philippians 4:12–13 (CSB)

If you want to raise happy kids, model happiness.

(Philippians 3:17; 1 Corinthians 4:14-17; Proverbs 23:24-26)

If you want to raise your happiness, depend upon God by:

- Trusting that the Good News is for you.
(Isaiah 53:1-12, Hebrews 12:2; Habakuk 3:17-18)
- Learning and leaning on God's ways.
(Proverbs 3:13-18; Colossians 2:2-3; Philippians 4:4-7)
- Giving thanks.
(Philippians 1:3-5; Colossians 2:6-7, 3:16-17)

My Next Step(s)...

- ☐ I'll consider:
 - ☐ How would you summarize the message in one sentence? What is one thing that stood out to you from this week's message?
- ☐ For the first time, I understand and believe that Jesus came to save me from my sin. I want to let go of my way and receive his gift of new life.
- ☐ I will cultivate a habit of bible reading and prayer to learn Jesus' promises and lean on his power.
- ☐ I will respond to frustration/disappointment/hurt by taking it to God and asking him to help me find reasons for gratitude.
- ☐ I will register my child and/or invite someone to Maker Camp.
- ☐ I will _____
- ☐ I will memorize Philippians 4:12-13 (CSB)
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